




Improving the quality and lifespan of our pets is vital, yet a recent study estimates that 84 million dogs and cats in the US are overweight or obese. EVO® Weight Management formulas help pets lose unhealthy extra pounds without depriving them of essential nutrients. We encourage you to consult your pet's veterinarian before undertaking any weight loss plan.

1. Identify Your Pet's Body Condition

Use the chart below to determine your pet's current body type. If your pet fits the overweight description you can count on the EVO plan to help your pet lose weight. As always, exercising your pet on a regular basis is highly encouraged.

1		Underweight - Rib, spine and pelvic bones can be easily seen. Displays little abdominal fat.
2		
3		
4		Ideal - Rib, spine and pelvic bones cannot be seen, but can be easily felt. Waist is highly defined. Belly curves up when viewed from the side.
5		
4		
3		
2		Overweight - Rib, spine and pelvic bones cannot be easily seen or felt. Waist is undefined. Belly is rounded when viewed from the side.
1		

Evaluate your pet's body condition on our EVO Health Tracker using the following guide:

1 = Poor, 2 = Below Average, 3 = Fair, 4 = Good, 5 = Excellent

2. Restrict Calories with Care

EVO® Weight Management foods are always high in protein and low in carbohydrates. This combination has proven effective in promoting fat loss while supporting lean body mass when less calories are fed during weight loss. Additionally, EVO foods are Nutrient Enhanced™ to ensure pets receive 100% of their daily nutrient requirements when restricted amounts are fed.

Restricting daily caloric needs to 80% is the best place to start. Follow EVO Package guidelines to determine the right portion of food for your pet.

3. Stay On Track

Consistently monitor your pet's weight loss. We've included an EVO Health Tracker chart to help you track your pet's progress throughout the program. A rate loss of 1-2% of body weight per week is appropriate but even 0.5% per week should be regarded as successful.

4. Maintain Ideal Body Condition for Life

With many foods, excessive calories from macronutrients like carbohydrates can be the weight-gain culprit. You can trust the extensive line of EVO formula pet foods, EVO Weight Management treats and EVO Wild Cravings™ treats to be an extremely healthful grain free, low carb solution to supporting an ideal body condition.

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EVO® Health Tracker

	Weight (lbs)	Body (1-5)	Exercise (days)		Weight (lbs)	Body (1-5)	Exercise (days)
Week 1				Week 9			
Week 2				Week 10			
Week 3				Week 11			
Week 4				Week 12			
Week 5				Week 13			
Week 6				Week 14			
Week 7				Week 15			
Week 8				Week 16			

Weight: Measured in pounds.

Body Condition: 1 = Poor, 2 = Below Average, 3 = Fair, 4 = Good, 5 = Excellent

Exercise: Daily exercise as recommended by your veterinarian.